

Estimating Your Retirement Expenses

Write down approximate monthly expenses you will—or might—have in retirement. Take into account your lifestyle and goals, and identify which expenses are essential (must have) and which are discretionary (nice to have).

If you prefer, just give an overall “best estimate” for each category.

		You	Spouse/ Partner	Is it essential?	Is it discre- tionary?	Will it vary over time?
Housing Best estimate: \$ _____	Mortgage/Rent	\$	\$			
	Taxes					
	Insurance					
	Repairs/Maintenance					
	Fees					
	Other					
	Utilities Best estimate: \$ _____	Electric	\$	\$		
Oil/Gas						
Phone/Cable/Internet						
Water/Sewer						
Other						
Health Care/ Medical Insurance Best estimate: \$ _____	Long-term Care Insurance	\$	\$			
	Medicare/Medigap					
	Other Medical Insurance					
	Dental/Vision/Hearing					
	Prescriptions					
	Out-of-Pocket Expenses					
Food Best estimate: \$ _____	Groceries	\$	\$			
	Dining Out					
	Other					
	Other					

Estimating Your Retirement Expenses *(continued)*

		You	Spouse/ Partner	Is it essential?	Is it discre- tionary?	Will it vary over time?
Personal	Clothing	\$	\$			
Best estimate: \$ _____	Products					
	Services					
	Other					
Family Care	Support Children/ Grandchildren	\$	\$			
Best estimate: \$ _____	Support Parents/Others					
	Family Obligations					
	Other					
Transportation	Auto Loan/Lease Payments	\$	\$			
Best estimate: \$ _____	Excise Tax/Registration Fees					
	Gas					
	Car Insurance					
	Maintenance					
	Public Transportation/ Commuting Expenses					
Recreation	Memberships	\$	\$			
Best estimate: \$ _____	Hobbies					
	Travel/Vacations					
	Other					
Entertainment	Movies/Events/Sports/Other	\$	\$			
Insurance	Life/Disability/Other	\$	\$			
Holidays/Gifts		\$	\$			
Charitable Giving		\$	\$			
Other Expenses		\$	\$			
	Total estimated monthly expenses in retirement	\$	\$	\$	\$	